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Do you support an adult with a learning disability?

Please spend 10 minutes completing a survey about their sleep.

This research is being conducted by Alison Milne. If you have questions, you can contact me at the following email address:

s2464236@ed.ac.uk

You may be an informal caregiver such as a relative or friend of the person. Or you may be a paid caregiver. You must be over 18 years old and support an adult with a learning disability



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We are interested in learning what you think about the sleep quality of the person you support and the effect it might have on them and you. Depending on your answers, we might also invite you to take part in an interview



You can access the survey using this QR code or on the following link: [Sleep Survey](https://edinburgh.eu.qualtrics.com/jfe/form/SV_e3Pa4EPRge3ryZg)

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This survey is part of a project being completed for Clinical Psychology training by Alison Milne, NHS Tayside and University of Edinburgh. Ethical approval granted by the University of Edinburgh. Project number CAHSS24/07/07

