



**Alzheimer
Scotland**

Action on Dementia

National Dementia Advisor Service

0300 373 5774



NDAS@alzscot.org



www.alzscot.org/ndas



About Alzheimer Scotland

Alzheimer Scotland is Scotland's national dementia charity. Our aims are Prevent, Care, Cure and our mission is to make sure nobody faces dementia alone. We provide support and information to people with dementia, their carers and families, campaign for their rights and fund vital dementia research. Find out more about our work at www.alzscot.org

What is the National Dementia Advisor Service?

Our National Dementia Advisor Service is wholly funded by Alzheimer Scotland from the generous donations and fundraising activities of our thousands of supporters. The service is available from 9am - 5pm, Monday to Friday and aims to provide a responsive, high quality information, advice and advocacy service relating to all aspects of brain health and dementia.

If you are:

- worried about your brain health
- worried that you or someone close to you may have dementia
- a person with dementia
- caring for someone with dementia

Alzheimer Scotland's team of highly skilled Dementia Advisors are **here for you.**

Our National Dementia Advisor Service can provide information and advice about:

- dementia
- caring for someone with dementia
- the rights of people with dementia and carers
- support available in your area
- navigating health and social care systems and accessing support
- complaints processes and challenging decisions
- issues arising with hospital admission, visiting and discharge
- issues relating to Power of Attorney and Guardianship and other relevant legal matters
- paying for care
- benefits and money issues
- human rights and equality issues
- information about brain health and risk reduction
- keeping safe in the community
- participating in dementia research

Who can access the service?

The service is available for people affected by dementia in Scotland.



How can I access the service?



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Call us on:

0300 373 5774 (Charged at a local call rate)

The service operates during the following hours:

Monday to Friday, 9am – 5pm

Outside these hours you will be given the option to leave your details for a call back from the National Dementia Advisor Service on the next working day, or to be connected to our **24 hour Freephone Dementia Helpline (0808 808 3000)**.



Email us at:

NDAS@alzscot.org



You can find further information about the service on our dedicated web page **www.alzscot.org/ndas**